



Georgia Brown's Grits

Yield: 4

Ingredients...

4 C Milk
2 tbsp Butter
2 tsp Salt
1 C Organic Grits

To Prepare...

Heat milk, butter and salt. Once hot, stir in grits and reduce to low heat.
Cook for 30-40 minutes on low heat, stirring often until smooth & creamy.

Note: Do not use instant grits. The extra time required using organic grits is worth it!

